

Let's Talk

Monthly meetings



Let's Talk Event

Thursday 18 September

10.30am - 1.45pm

NEW Central venue

**Islington Council (Community Space)
222 Upper Street, London, N1 1XR**

Relaxed, social, informative and an opportunity to share your views. Get practical tips on managing your energy bills, dealing with energy debt and finding ways to save money. Learn about Pension Credit and why it's worth applying if you're on a low income – if you're eligible, it can unlock further benefits.

Contact Age UK
Islington Helpline:

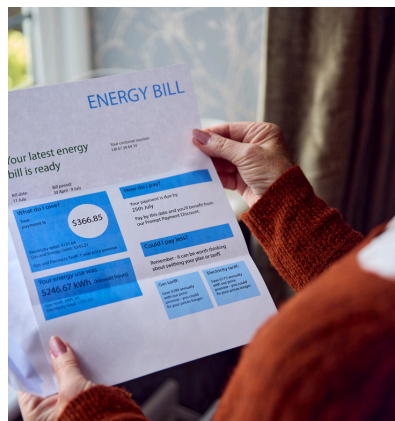
020 7281 6018

letstalk@ageukislington.org.uk

Booking essential!

What's happening

- **10.30am** - Arrive and enjoy refreshments
- **11am** - Welcome from Jane Stokes, Age UK Islington
- **11.05am** - Managing your energy bills - saving money on your bills, managing energy debt; an update on the Winter Fuel Payment - SHINE, Islington Council
- **11.35am** - Questions & Answers - Saving on energy bills and managing debt
- **12pm** - Light lunch and refreshments
- **12.30pm** - Pension Credit - a benefit for people of state pension age on a low income; access to further benefits and concessions - Income Maximisation Team, Islington Council
- **1pm** - Questions and Answers - Income Maximisation Team, Islington Council
- **1.30pm** - One to one questions



ISLINGTON
For a more equal future