

COMMUNITY VOICES ISLINGTON LIVING SPACE

CELEBRATING BLACK HISTORY MONTH 2026!



INTERNATIONAL GUEST SPEAKERS "HONOURING OUR COMMUNITIES"



10:15AM: MINDFULNESS

with Sara Pinotti,
Head of Events and Activities, Residents Without Borders



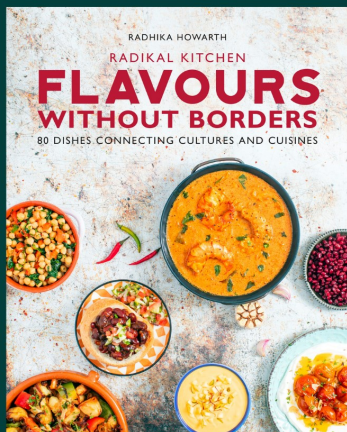
10:30AM: OPENING & WELCOME

with Shamim Noronha,
Chair of Residents Without Borders



10:45AM: CELEBRITY TV CHEF & AUTHOR – RADHIKA HOWARTH

**BOOKING
ESSENTIAL**



Radhika will present **Stories of Migration, Memory, and Connection** from her book **Flavours Without Borders**, exploring how migration, travel, historical trade routes, and colonialism shaped the world's food cultures. She highlights how food connects us, and she honours the rich heritage of diverse communities.

**FREE TO RESIDENTS & PROFESSIONALS!
COME & CELEBRATE WITH US & ENJOY FESTIVE
FOOD!**

Infoline: 020 8148 8284
Email: Info@residentswithoutborders.org
WhatsApp/Text: 07886 328 136

10:15AM - 3PM

**1
OCTOBER**

COMMUNITY ROOMS GA & GB,
222 UPPER STREET, ISLINGTON,
N1 1XR
HYBRID - IN PERSON AND ONLINE
(TEAMS)

MORE DETAILS >

**RESIDENTS
WITHOUT BORDERS**



ISLINGTON
For a more equal future

Radikal Kitchen
flavours without borders



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EMPLOYABILITY & WELLBEING ACADEMY LTD