

Weekly course

Learn how to cook healthy food which is good for the planet

•



starts

19<sup>th</sup> June

use OD PARTNERSHIP



In partnership with Islington Adult Community Learning

Hillside Clubhouse is a registered charity-Charity number: 1080735

**ISLINGTON** 



**Mindfull Kitchen Returns This June!** 

We're excited to announce that new Mindfull Kitchen sessions will begin this June!

This free weekly course is funded by the Islington Food Fund and delivered in partnership with Working Men's College (WMC) and Adult Community Learning Islington (ACL).

Join us for a friendly, practical cooking group where you'll learn delicious, healthy recipes and build confidence in the kitchen.

Location: Unit 30A North Road, N7 9GJ

<u> Time: 1:30 PM start</u>

Dates: Thursday 19th June 2025 Monday 23rd June 2025 Thursday 1st July 2025 Thursday 10th July 2025

Places are limited – speak to a member of staff to sign up!