

 **Islington Together Project**

Volunteers needed to be Peer Travel Buddies

Volunteers with lived experience of drug or alcohol addiction and mental health issues supporting Islington residents with mental health challenges travelling to appointments, services and activities

We are looking for **Peer Travel Buddies** to:

- Remind people of appointments.
- Support people by helping them travel to appointments by providing reassurances.
- Guide people with information about local services and activities.
- Reassure people with helpful, supportive chat.
- Be part of a positive community, supporting clients' mental wellbeing.



Training for Peer Buddies

Training is in-person in October 2025 and will be 4 days from 9.30am until 4.30pm where you will learn all aspects of peer support and safeguarding clients.

You will need to be available to volunteer regularly for at least 1 day per week during the day. DBS and reference checks will apply. Journeys will be by public transport or walking only – you do not need a driving licence. If you want to make a real difference in your local community and learn some new skills, meet new people and gain valuable experience, get in touch and book a place.

To register your interest in volunteering, go to <https://forms.office.com/e/RTQues26vL> or QR code below. We will contact you to find out more about your interest. If you have queries you can add them and we will get back to you, or you can email handinhand@islingtonmind.org.uk if you need help to register.

If you are in need of a travel buddy, please visit the Islington Mind website to self-refer:
<https://www.islingtonmind.org.uk/hand-in-hand-service/>



Call Satoko on 07526 692 507 for any other queries.

