

COST OF LIVING DAY

MILD MAY
COMMUNITY
CENTRE



Tuesday 29th July
1 - 3.30pm

Mildmay Community Centre,
Woodville Road, N16 8NA

Free
Give-aways!!

**Drop-in to speak to us about
money worries & other support**

- ★ **Money & debt**
- ★ **Hardship support**
- ★ **Free hot lunch**
- ★ **Health checks & vaccines**



Or call Help on Your Doorstep: 020 3931 6080 or
Age UK Islington: 020 7281 6018 for support