



## Join our **FREE\*** 12-week weight management programmes.

At Morelife we're passionate about supporting individuals to lead a healthier life. Everyone is treated as an individual with their own journey, their own goals and their own success.

### Sign Up Today!

Our programmes are available online and at local community centres across Camden and Islington.

Scan the QR code or check out our website at: [more-life.co.uk/camden-islington](https://more-life.co.uk/camden-islington)

You can also call us on: 0333 222 1333

\*eligibility criteria applies



**Morelife**  
The power to be more you

