

3D Sculpture Workshop at The Emirates Stadium

Join our **FREE** programme for people in Islington living with early-stage dementia, mild cognitive impairment and their companions.

This 8-week programme is a chance to experiment with different sculptural materials including wire model making, clay ceramics and flag making (just to name a few) with local artist Julia Clarke.

Each week you will be introduced to a new theme, taking inspiration from the Arsenal Archives. There will be a chance to handle memorabilia and create your own artwork in response.

This programme is free of charge. No previous art experience is needed. It's all about having fun and giving it a go!

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



When: Every Thursday
6th February - 3rd April
11am - 12:30pm
(No session on Feb 20th)

Where: Arsenal HUB
56 Benwell Road
N7 7BY

Contact: **020 3633 9954**
christina@artsfordementia.org