

Art School with Central Saint Martins

Join our **FREE** programme for people with early-stage dementia or mild cognitive impairment and their companions.

This 4-week intergenerational programme will be taught by Fine Art Students from Central Saint Martins and their brilliant tutor, Shepard Manyika.

This unique art school experience will explore community and storytelling through visual art techniques and sound. No previous art experience is needed - it's all about giving it a go!

At the end of the sessions, there will be a chance to socialise with a cuppa and a biscuit or two.

This programme is free of charge with materials included.

- Enjoy weekly creativity
- Make new social connections
- Develop new skills
- Combat memory worries



When: Monday's 2pm - 4pm
13, 20, 27 April & 11 May

Address: Central Saint Martins,
1 Granary Square
N1C 4AA

Contact: **020 3633 9954**
christina@artsfordementia.org