



**CALL TO
ACTION!**

£120 million
of unclaimed
benefits
in Islington

Are you
claiming all the
help you are
entitled to?

Many households are struggling with the cost of living.

There is a range of benefits and other financial support which could make a real difference to you and your family.

But not everyone is claiming everything they are entitled to – around 34,000 households in Islington are missing out on vital support.

Take a moment to see if you may be one of them.

Who can get support?

You may be able to get benefits or other support if:

- You are on a low income – whether you are in work or not in work
- You or someone in your family is disabled or struggling with ill health
- You are a carer
- You have one or more children
- You are of state pension age

And if you are on benefits, this may entitle you to help with household bills and expenses such as water, council tax, broadband, phone bills and free school meals for your children.

What benefits and support could you be entitled to?

If you are on low income:

- Universal Credit – for working age people who are on low income, whether you are in work or out of work. Includes help with housing costs, childcare costs and other support
- Pension Credit – help for people of state pension age with low income

If you or someone in your house has a disability or needs caring for:

- Personal Independence Payment – support with extra costs arising from ill health or disability for working age people
- Disability Living Allowance for Children – benefit for children under 16 who have care needs or mobility needs (difficulties getting around).
- Carers Allowance – support with living costs for carers looking after someone for at least 35 hours a week

Other support:

- Child Benefit – for anyone with parental responsibilities for children under the age of 16 (or up to 20 in full-time education)
- Healthy Start – support for pregnant women or with children under four to buy milk and healthy foods via pre-paid card
- Social tariffs – if you are on benefits, you may be entitled to a reduction on your water bill, mobile phone bill or broadband
- Council Tax Support – if you are on benefits, you may be able to get a reduction on your council tax bill
- TV Licence – if you are over 75 or severely sight impaired, you could be entitled to a free TV licence

Check what support you may be eligible for

Use the Benefits Calculator on Islington Council's website:

www.islington.gov.uk/benefits-and-support/benefits-calculator

Visit the government's website:

www.gov.uk/check-benefits-financial-support

Where to get further information and advice

Online information and support

A number of national charities and organisations provide information on benefits and financial support on their websites. Some also have a Telephone Helpline, Email address or Chat function if you want to talk to someone.

National Citizens Advice Advice on a wide range of issues including benefits and debt	www.citizensadvice.org.uk/benefits Advice Line: 0800 144 8848 Text relay: 18001 then 0800 144 8444
Money Helper Free money and pensions guidance	www.moneyhelper.org.uk Tel: 0800 138 1677 or Text relay: 18001 then 0800 915 4622
Age UK Support for older people and their families/carers	www.ageuk.org.uk/information-advice/money-legal/benefits-entitlements Advice Line: 0800 678 1602
Carers UK Advice and support for carers	www.carersuk.org/help-and-advice/financial-support Email Helpline: advice@carersuk.org Helpline: 0808 808 7777
Gingerbread Support for single parents and their children	www.gingerbread.org.uk
MacMillan Cancer Support Support for people who have been diagnosed with cancer or their loved ones	www.macmillan.org.uk/cancer-information-and-support/impacts-of-cancer/benefits-and-financial-support Support Line: 0808 808 00 00
MIND Support for people with mental health problems	www.mind.org.uk/information-support/tips-for-everyday-living/money-and-mental-health/claiming-benefits Welfare Benefits Helpline: 0300 222 5782
Scope Support and advice for disabled people	www.scope.org.uk/advice-and-support Helpline: 0808 800 3333 Email: helpline@scope.org.uk Textphone: dial 18001 then 0808 800 3333

Local support

If you are an Islington resident and need advice or support to claim benefits, you can contact one of the following organisations:

Income Maximisation Team (IMAX) Islington Council	Tel: 020 7527 8222 Email: Claimit@islington.gov.uk
Local Citizens Advice Islington	www.islingtoncab.org Adviceline: 0808 278 7836
Islington Law Centre	www.islingtonlaw.org.uk Tel: 020 7288 7630
Islington People's Rights	www.ipradvice.org.uk Advice Line: 020 7561 3685
Islington BAMER Advice Alliance	www.ibaa.org.uk Tel: 020 3941 2787 • Email: contact@ibaa.org.uk
Help on Your Doorstep	www.helponyourdoorstep.com Tel: 020 3931 6080 • Email: connect@helponyourdoorstep.com
Manor Gardens Welfare Trust Offers support in 10 community languages	www.manorgardenscentre.org Tel: 07483 149 519 Email: MGassistance@manorgardenscentre.org
LDN London Learning Disability Network	www.ldnlondon.org/find-support/islington-sendiass-services Tel: 020 3031 6651 • Email: IslingtonSENDIASS@ldnlondon.org
Age UK Islington	www.ageuk.org.uk/islington/ Tel: 0207 281 6018 • Email: gethelp@ageukislington.org.uk
Access Islington Hubs Islington Council	www.islington.gov.uk/contact-us/our-offices/access-islington-hubs Tel: 020 7527 8222 • Email: heretohelp@islington.gov.uk

Get other help with the cost of living

Islington Council's website has information on a wide range of support available:
www.islington.gov.uk/benefits-and-support/cost-of-living-support

Help to find work

If you would like help to find a job, our Islington Working service can help:
www.islington.gov.uk/jobs-and-careers/support-finding-work

