



Tuesday Club
 Every Tuesday
 10.30 to 12 noon
 Everyone welcome

Finsbury Park Trust
 Supporting and responding to community need
 225-229 Seven Sisters Road N4 2DA
 Registered Charity Number 1105638

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TUESDAY CLUB

July and August 2025 10.30 to 12.00

Events are free and everyone is welcome to join us, but some events require prebooking**

Tuesday 1 st July	Quiz/puzzle morning	Enjoy a morning of quizzing and puzzles with the group over tea and coffee
Tuesday 8 th July	Canal trip on the Regent's Canal**	Meet at the boathouse.
Tuesday 15 th July	Keep Active	A morning of gentle exercise through dance and music
Tuesday 22 nd July	CHANGE: Games and puzzles	Enjoy a morning of games and puzzles with the group over tea and coffee
Tuesday 29 th July	Parkland Walk	Join us for a stroll along the famous Parkland Walk. Meet at Finsbury Park Trust at 10am.
Tuesday 5 th August	Explore Gillespie Park and the Ecology Centre	Enjoy a walk through a local greenspace with our group and stop to look at the Ecology Centre. Bring your own snacks for the walk. Meet at Finsbury Park Trust at 10am.
Tuesday 12 th August	Flat bread and pizza making with a sharing lunch afterwards	Learn how to make simple flatbreads and pizza dough and add your own toppings to make a lunch to share together afterwards
Tuesday 19 th August	Arts and crafts	Explore how to express yourself through art and creativity. Bring your own project to show us too.
Tuesday 26 th August	Keep Active	A morning of gentle exercise through dance and music