

Cognitive Stimulation Group

Cecelia's Café Islington

Join us for activities that support brain health in a warm, welcoming space for people living with dementia and their carers. We'd love to see you regularly so you can get the most from each session.

 Time: 1.30–4pm

 Location: Harry Rice Hall, 72 – 74 Hargrave Park Road, Archway, London, N19 5JN.
Map and directions are on the back of the flyer.

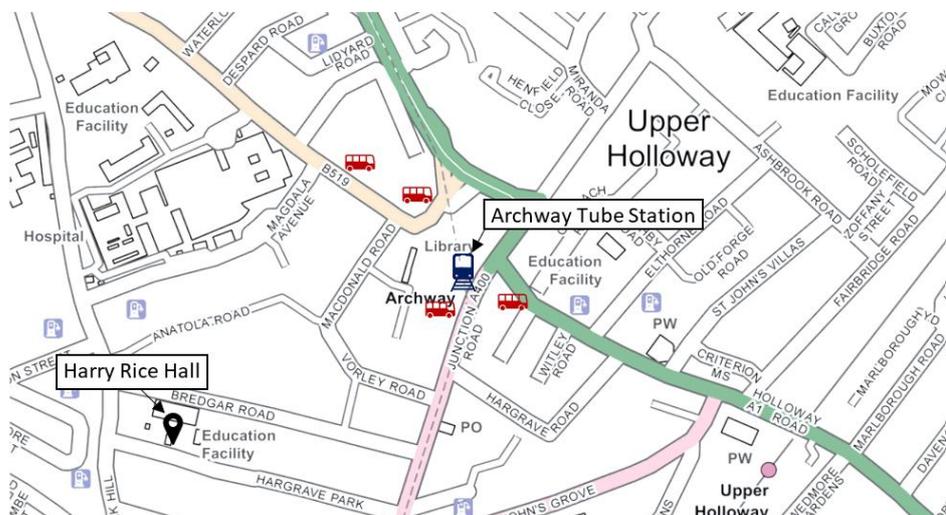
To book a place or for information, please contact Alzheimer's Society Islington
Telephone: 07484 089543 (9am–5pm Monday to Friday)
Email: Islington@alzheimers.org.uk

Upcoming Events

-  Wednesday 15 April: Quizzes and chair-based gentle exercise
-  Wednesday 29 April: Quizzes and toys reminisce from childhood
-  Wednesday 13 May: Quizzes and chair-based gentle exercise
-  Wednesday 27 May: Art and Craft
-  Wednesday 10 June: Arsenal sports & football reminisce
-  Wednesday 24 June: London Museum workshop
-  Wednesday 8 July: Quizzes and chair-based gentle exercise
-  Wednesday 22 July: Quizzes Summer Afternoon Tea

How to find Harry Rice Hall

72 - 74 Hargrave Park Road, Archway, London, N19 5JW



Buses

Bus stops are a 10-minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Routes: 4 runs along Dartmouth Road

Underground

Nearest Underground Station is Archway which is a 10-minute walk away and is served by the Northern Line.

Upper Holloway station is also a 10-minute walk away.

Parking

There are meters on Hargrave Park Road.

London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (www.taxicard.org.uk or call 0207 934 9791) for an application form.